

The Cure for Unbelief

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How does a sincere believer find the “cure” for unbelief? Consider these thoughts on how to rid your heart of doubt.

Take every worry, fear and burden to Jesus — and leave them on his shoulders!

“[Cast] all your care upon Him, for He cares for you” (1 Peter 5:7). Beloved, this is God’s personal word to you: “Don’t carry that burden one hour longer. I care about everything that is happening and I’m big enough to take it all for you.”

I am so thankful that God is never stressed out or overloaded! His shoulders can carry the weight of all his children at one time; in fact, he urges us to lay everything on him. “Cast your burden on the Lord, and He shall sustain you; He shall never permit the righteous to be moved” (Psalm 55:22).

Go down your checklist of burdens right now and tell God, “Father, I give you this problem, this challenge, this relationship.” And be fully convinced that he cares!

Next, launch out in full faith on the written Word of God. Take up the Lord’s challenge to live by his Word. “Man shall not live by bread alone, but by every word that proceeds from the mouth of God” (Matthew 4:4). You must be able to say, “I’m going to live and die by God’s Word!”

“Now to Him who is able to keep you from stumbling, and to present you faultless before the presence of His glory with exceeding joy” (Jude 24). Let God take on the burden of keeping you. Just take him at his word and tell him you are going to stake your life on it. Show him you trust his every word — and be blessed!

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